## 6 WAYS YOU CAN PROTECT YOURSELF FROM HEPATITS A

1

GET VACCINATED FOR HEPATITIS A

2

CLEAN FRUITS AND
VEGETABLES BEFORE
CONSUMING

3

WASH HANDS FREQUENTLY
AND THOROUGHLY,
ESPECIALLY AFTER USING
THE RESTROOM

4

MAKE SURE TO DRINK
FROM A CLEAN SOURCE OF
WATER

5

ALWAYS USE A CLEAN SYRINGE

6

ALWAYS WEAR A LATEX
CONDOM DURING SEXUAL
ACTIVITY